Activities outside the classroom and laboratory complement and enhance the university's central educational mission. Illinois Institute of Technology encourages all students to participate in athletics, student organizations, and professional societies. Students are also encouraged to take advantage of the cultural, educational, and recreational resources on campus, as well as in the Chicago area. For additional information on activities, organizations, and services, consult the Student Handbook (web.iit.edu/student-affairs/handbook).

The Office of Student Affairs oversees many areas of student life and provides advocacy for all Illinois Tech students. The office also oversees the student conduct process. Students, faculty, and staff are encouraged to contact the office for help or referrals.